

# 6 week Activity Programme

**[All activities are 10am-12 noon unless otherwise stated]**

Date	Venue	Activity	Facilitator
Monday 19 <sup>th</sup> September	Community Room, Medical Centre	Painting	Sarah Taylor
Wednesday 21 <sup>st</sup> September	Lutterworth Methodist Church Porch	Methodist Coffee Drop-in (10.30-12)	Keith Dowell
Friday 23 <sup>rd</sup> September	St Mary's Church, Lutterworth	Coffee Drop-in	Eileen Brennan
Monday 26 <sup>th</sup> September	Community Room, Medical Centre	No cook baking	Sarah Taylor/Jackie Parkes
Wednesday 28 <sup>th</sup> September	Lutterworth Methodist Church Porch	Methodist Coffee Drop-in	Keith Dowell
Friday 30 <sup>th</sup> September	No Meeting		
Monday 3 <sup>rd</sup> October	Community Room, Medical Centre	Healthy Eating/Memory Walk	Sarah Taylor/Yvonne Coulson
Wednesday 5 <sup>th</sup> October	Lutterworth Methodist Church Porch	Methodist Coffee Drop-in (10.30-12)	Jackie Parkes
Friday 7 <sup>th</sup> October	Lutterworth Methodist Church	Memory Walk (PJs Coffee)	Jackie Parkes
Monday 10 <sup>th</sup> October	Community Room, Medical Centre	Lutterworth Museum Memory Box	Sarah Taylor
Wednesday 12 <sup>th</sup> October	Lutterworth Methodist Church Porch	Methodist Coffee Drop-in (10.30-12)	Keith Dowell
Friday 14 <sup>th</sup> October	Share & Care Trip	1940s Café, Lutterworth	Jackie Parkes
Monday 17 <sup>th</sup> October	Community Room, Medical Centre	Memory Walk/Carol Service planning	Yvonne Coulson/Sarah Taylor
Wednesday 19 <sup>th</sup> October	Lutterworth Methodist Church Porch	Methodist Coffee Drop-in (10.30-12)	Marylyn Dowell
Friday 21 <sup>st</sup> October	One Stop Shop, Lutterworth	Dementia Cafe	Alzheimer's Society
Monday 24 <sup>th</sup> October	Community Room, Medical Centre	Planting Garden Containers	Sarah Taylor/Alan Blackhurst
Wednesday 26 <sup>th</sup> October	Lutterworth Methodist Church Porch	Methodist Coffee Drop-in (10.30-12)	Keith Dowell
Friday 28 <sup>th</sup> October	St Mary's Church, Lutterworth	Coffee Drop-in	Eileen Brennan

## 6 week Activity Programme

Christmas Dinner is at the Greyhound (Lutterworth) on the 9th December 2016 from 12noon-2pm. £5 deposit required. Please confirm your attendance with Jackie (07748) 647 192

The trip to see the Buddy Holly Story at the Derngate Theatre, Northampton, is a Matinee Performance on the 12<sup>th</sup> November (Tickets £20, transport provided). Please confirm your attendance with Jackie (07748) 647 192