

Venue

mosaic: shaping disability services, 2 Oak Spinney Park, Ratby Lane, Leicester Forest East, Leics LE3 3AW

Times

Every Saturday from 1.30-5pm



Cost

£5 per person (if you need to bring a Personal Assistant/ 'carer', they go free)



For more information

Contact Kat Taylor on 0116 2318720 or 07912 480954

Café Saturday is a partnership between **mosaic:** shaping disability services, Just Services and Self Advocacy in Action



Café Saturday

The alternative to a mainstream café



What is Café Saturday?

Café Saturday set up in 2012 to provide a safe, relaxed, low cost and accessible place where disabled people, older people and people with learning disabilities can meet, with support staff on hand. The café is open to people of all ages. We provide:

- Drinks (including loose leaf tea, served in a teapot) and light refreshments
- Support staff who offer general support
- Magazines and papers to read
- Music
- Table games
- Raffles and items for sale
- A place to socialise with others
- A chance for respite for family members/ 'carers'



What if I need personal care?

You are welcome to bring your own Personal Assistants/ Care staff; they can come free of charge - we even offer them refreshments at no charge.

What makes Café Saturday different?

- ◆ It is held in a fully accessible building
- ◆ We have staff on hand to assist
- ◆ The venue is safe and secure
- ◆ It is tailored to the needs of disabled people, older people, people with learning disabilities - people of all ages
- ◆ It isn't a traditional social care service - you don't have to come every week; you're in control
- ◆ It is low cost - only £5 for the whole afternoon with plenty of refreshments as well as people to talk to, magazines to read, table games and so on
- ◆ It offers an affordable, reliable alternative to traditional respite
- ◆ It is open on a Saturday when there may not be much else available

