

Do you care for someone with dementia?



Attend our Carer Information Workshops for South Asian Families

The Information Programme for South Asian families (IPSAF) is a free 4 week course which aims to improve the lives of people with dementia in South Asian communities by giving family members and friends the knowledge, skills and understanding to support those affected by the condition.

The programme aims to provide information and support for carers and is run by Alzheimer's Society staff and volunteers. It will cover the following topics:

1. Understanding dementia
2. Legal and money matters
3. Looking after others
4. Looking after yourself

Course Dates: Session 1 – Tuesday 5th April 2016
Session 2 – Tuesday 12th April 2016
Session 3 – Tuesday 19th April 2016
Session 4 – Tuesday 26th April 2016
All sessions will run between 14:00 – 16:30.

Venue: **The Barnabus Centre, St Pauls Church, Hamble Road, Oadby, Leicester, LE2 4NX.**

For more information or to book a place on the course:

T: 0116 231 1111

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