

Massage Teachathon

Loughborough 15th May 2014

John Storer House, Ward's End, LE11 3HA



To book and for more information
www.massageteachathon.com or call 0845 1080088

Simple massage learnt by Carers can raise the quality of life for both giver and receiver and provide a medium for connecting in what can otherwise often be a demanding task.

For one hour in a pre-booked session you are invited to give and receive some simple effective massage techniques given in a chair, and over clothes, under the professional tuition of the Essentials for Health Team and volunteer assistants.

Gill Tree is the founder of Essentials for Health the UK's leading massage school, a respected thought leader in the massage industry and the author of the Manifesto for a Pro-Touch Society.

During the week of 12th to 16th May Gill's team will be running a roadshow in five cities nationwide to make the public aware of the importance of positive touch in our society.

"Massage was a wonderful way to connect with Dad after he had his stroke, and to express my love to him. It helped him to feel human and accepted whilst living in an alien body and I was able to ease out the tension and strictures that stroke imposes" Gill Tree

The Massage Teachathon is aimed at supporting our carers. People who give their time daily to care for someone else, maybe a disabled child, a terminally ill parent, or just someone they feel needs their help.

**The training is free, so all you need to do is
let us know the time you would like to come along**

12.15pm-1.00pm	<input type="checkbox"/>	1.30pm-2.15pm	<input type="checkbox"/>	2.45pm - 3.30pm	<input type="checkbox"/>	4.00pm - 4.45pm	<input type="checkbox"/>	5.15pm - 6.00pm	<input type="checkbox"/>
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If you are unable to attend the event, we'd really welcome your support by signing our petition to enable us to influence the use of massage as an aid in a patients treatment: www.gilltree.com/manifesto



Essentials
FOR HEALTH

www.essentialsforhealth.com