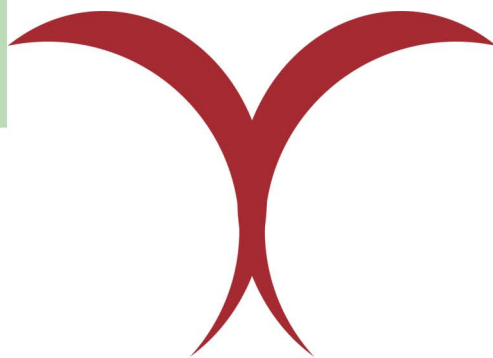




Making A Difference



A course to empower BME carers in the community to engage in local, regional and national policy making

To apply contact Nita Devabhai on 0207 582 0400 or email nita.devabhai@afiya-trust.org

Making a Difference

Making a Difference is a course for carers from Black and Minority Ethnic (BME) communities intended to help empower them to become engaged and involved in local, regional and national policy making.

What is the nature of this course?

This course will be run in Leicester over a period of six weeks. It will be for people who are carers for a family member and who come from a black and minority ethnic community. The course will equip you to become involved in local, regional and national forums that contribute to better service provision for BME Carers.

It will be the first pilot course run by the National Black Carers & Carers Workers Network. It will run in the East Midlands and therefore BME carers in Leicester, Derby, Nottingham, Northampton and Lincoln are invited to apply.

This course has been accredited through the Open College Network and therefore all successful participants will be given a certificate which is level 4.

What is the National Black Carers & Carers Workers Network?

The National Black Carers and Carers Workers Network (NBCCWN) was launched in 1998 and aims to develop and maintain an effective network of BME carers and carers workers to facilitate the voice of BME carers. This voice is implemented to improve services, policies and practice both locally and nationally to meet the evolving needs of BME carers.

What is the process for coming on this course?

If you are interested, please fill in the application form that comes with this explanation. We will go through the application forms and ask the successful carers to come for a face to face meeting. This meeting will be an opportunity for you to ask any questions you may have and give us an opportunity to meet you. There will be no charge for the course and all travel and respite costs will be met by our organisation.

What will the course cover?

- Communication skills
- Presentation skills
- Research skills
- Negotiating
- Active listening
- The National Black Carers and Carers Workers Network (NBCCWN)
- Meetings protocol



Assertiveness
Conflict management
Inequalities
Self awareness
Working as a team and with professionals
Challenging constructively
Attitudes & values

What will happen after I have successfully completed the course?

You will have an opportunity to become a member of the National BME Carers Panel. They have been together as a group since 2008 and have done much individually and as a group to make a difference to the lives of carers from BME communities such as presentations, consultations and articles for various media.

Deadline

Applications must be returned by **Wednesday 23rd November 2011** either by email or post. Interviews will take place in October. The course will start for six consecutive weeks during November and December. You will need to be in a position to attend all sessions.

Please send your application forms to:

Nita Devabhai
National Network Manager
Afiya Trust
27 -29 Vauxhall Grove
London
SW8 1SY

Or email nita.devabhai@afiya-trust.org



Making a Difference Application Form

Name : _____

Date: _____

Address: _____

Telephone: _____

Email: _____

1. How did you hear about the course *(Please tick):*

Word of mouth ☐

Co-worker ☐

email notification/website ☐

Health agency ☐

Other *(Please state):* _____

Please complete the following questions:

1. Tell us something you have done that you have really been proud of?

2. Why do you think you should be offered a place on this course?



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3. What do you hope to get out of coming on this course?

4. Can you tell us a bit about your caring role?

5. What would people say were your three best qualities and why?

6. Do you have any dietary requirements?

7. Do you have any additional learning support needs/special requirements?

Thank you for completing the **Making a Difference** application form. Please send your completed form by post or email to Nita Devabhai, National Network Manager, Afiya Trust, 27 -29 Vauxhall Grove, London SW8 1SY or email nita.devabhai@afiya-trust.org