

SANTANDER COURSES FOR CARERS MARCH – DECEMBER 2013

	MARCH	APRIL	MAY	JUNE
Mon	4	1		3 MINDFULNESS LOUGHBOROUGH
Tue	5	2		4 FIRST AID HINCKLEY (10) IT COALVILLE YOGA MELTON
Wed	6	3	1	5 MINDFULNESS LUTTERWORTH
Thurs	7	4	2 FIRST AID MARKET HARBOROUGH (9)	6 IT BYOC WIGSTON
Fri	8	5	3	7 SAFER HANDLING AND LIFTING HINCKLEY (3)
Sat	9	6	4	8
Sun	10	7	5	9
Mon	11	8	6	10 MINDFULNESS LOUGHBOROUGH
Tue	12	9	7 IT HINCKLEY	11 IT COALVILLE YOGA MELTON
Wed	13	10	8	12 MINDFULNESS LUTTERWORTH
Thurs	14	11	9 IT LUTTERWORTH	13 IT BYOC WIGSTON (3)
Fri	15	12	10	14 COMPLEMENTARY THERAPY MELTON (2)
Sat	16	13	11	15
Sun	17	14	12	16
Mon	18	15	13	17 MINDFULNESS LOUGHBOROUGH
Tue	19	16	14 IT HINCKLEY	18 IT COALVILLE YOGA MELTON
Wed	20	17 FIRST AID MELTON (11)	15	19 MINDFULNESS LUTTERWORTH
Thurs	21	18 COMPLEMENTARY THERAPY LOUGHBOROUGH (4)	16 IT LUTTERWORTH	20 COMPLEMENTARY THERAPY HINCKLEY
Fri	22 FIRST AID LOUGHBOROUGH (12)	19	17	21
Sat	23	20	18	22
Sun	24	21	19	23
Mon	25 FIRST AID OADBY (8)	22	20	24 MINDFULNESS LOUGHBOROUGH
Tue	26	23	21 IT HINCKLEY	25 IT COALVILLE YOGA MELTON
Wed	27	24	22	26 MINDFULNESS LUTTERWORTH
Thurs	28	25	23 IT LUTTERWORTH	27 SAFER HANDLING AND LIFTING WIGSTON
Fri	29	26	24	28
Sat	30	27	25	29
Sun	31	28	26	30
Mon		29	27	
Tue		30	28 IT HINCKLEY (6)	
Wed			29 MINDFULNESS LUTTERWORTH	
Thurs			30 IT LUTTERWORTH (3)	
Fri			31	
Sat				
Sun				

Courses for Carers MARCH – DECEMBER 2013

	JULY	AUGUST	SEPTEMBER	OCTOBER
Mon	1 COMPLEMENTARY THERAPY WIGSTON MINDFULNESS LOUGHBOROUGH		2 ARTS & CRAFTS MARKET HARBOROUGH	
Tue	2 FIRST AID COALVILLE YOGA LOUGHBOROUGH		3 YOGA HINCKLEY St Francis FIRST AID ASHBY BEADCRAFT HINCKLEY Library	1 YOGA SYSTON
Wed	3		4	2
Thurs	4	1 IT MELTON SAFER HANDLING AND LIFTING SYSTON	5	3
Fri	5	2 IT BYOC MARKET HARBOROUGH	6 7 SAFER HANDLING AND LIFTING ASHBY	4
Sat	6	3	7	5
Sun	7	4	8	6
Mon	8 FIRST AID SYSTON	5 IT LOUGHBOROUGH	9	7 FIRST AID LOUGHBOROUGH St Peters.
Tue	9 YOGA LOUGHBOROUGH	6 YOGA WIGSTON	10 YOGA HINCKLEY St Francis BEADCRAFT HINCKLEY Library	8 YOGA SYSTON
Wed	10 COMPLEMENTARY THERAPY COALVILLE	7 SAFER HANDLING AND LIFTING LUTTERWORTH	11 FIRST OADBY	9
Thurs	11	8 IT MELTON	12	10
Fri	12	9	13	11
Sat	13	10	14	12
Sun	14	11	15	13
Mon	15 FIRST AID LUTTERWORTH	12 IT LOUGHBOROUGH	16 ARTS & CRAFTS COALVILLE BEADCRAFT MARKET HARBOROUGH	14 ARTS & CRAFTS LUTTERWORTH MINDFULNESS MARKET HARBOROUGH
Tue	16 YOGA LOUGHBOROUGH	13 YOGA WIGSTON	17 YOGA HINCKLEY St Francis BEADCRAFT HINCKLEY Library	15 YOGA SYSTON
Wed	17	14	18	16 MINDFULNESS HINCKLEY St Francis THERAPEUTIC WRITING LOUGHBOROUGH
Thurs	18 SAFER HANDLING AND LIFTING LOUGHBOROUGH	15 IT MELTON	19 FIRST AID HINCKLEY St Francis	17 FIRST AID MELTON Carnegie Museum
Fri	19	16	20	18
Sat	20	17	21	19
Sun	21	18	22	20
Mon	22	19 IT LOUGHBOROUGH	23 ARTS & CRAFTS WIGSTON BEADCRAFT MARKET HARBOROUGH	21 ARTS & CRAFTS HINCKLEY MINDFULNESS MARKET HARBOROUGH
Tue	23 YOGA LOUGHBOROUGH	20 YOGA WIGSTON	24 YOGA SYSTON	22 YOGA LUTTERWORTH
Wed	24	21	25	23 MINDFULNESS HINCKLEY St Francis THERAPEUTIC WRITING LOUGHBOROUGH
Thurs	25	22 IT MELTON	26	24
Fri	26 IT BYOC MARKET HARBOROUGH SAFER HANDLING AND LIFTING MELTON	23	27	25 FIRST AID SHEPSHED
Sat	27	24	28	26
Sun	28	25	29	27
Mon	29 IT LOUGHBOROUGH	26	30 BEADCRAFT MARKET HARBOROUGH	28 MINDFULNESS MARKET HARBOROUGH
Tue	30 YOGA WIGSTON	27 YOGA HINCKLEY		29 YOGA LUTTERWORTH
Wed	31 SAFER HANDLING AND LIFTING MARKET HARBOROUGH	28		30 MINDFULNESS HINCKLEY St Francis
Thurs		29		31
Fri		30		
Sat				
Sun				

Courses for Carers MARCH – DECEMBER 2013

	NOVEMBER	DECEMBER	JANUARY	FEBRUARY
Mon		2		
Tue		3		
Wed		4		
Thur		5		
Fri	1	6		
Sat	2	7		
Sun	3	8		
Mon	4 MINDFULNESS MARKET HARBOROUGH	9		
Tue	5 ARTS & CRAFTS MELTON	10 ARTS & CRAFTS ASHBY		
Wed	6 MINDFULNESS HINCKLEY St Francis	11		
Thur	7 COMPLEMENTARY THERAPY ASHBY	12		
Fri	8	13		
Sat	9	14		
Sun	10	15		
Mon	11 MINDFULNESS MARKET HARBOROUGH	16		
Tue	12 YOGA LUTTERWORTH THERAPEUTIC WRITING MELTON	17 ARTS & CRAFTS LOUGHBOROUGH		
Wed	13 MINDFULNESS HINCKLEY St Francis	18		
Thur	14	19		
Fri	15	20		
Sat	16	21		
Sun	17	22		
Mon	18	23		
Tue	19 YOGA LUTTERWORTH THERAPEUTIC WRITING MELTON	24		
Wed	20	25		
Thur	21	26		
Fri	22 ARTS & CRAFTS SYSTON	27		
Sat	23	28		
Sun	24	29		
Mon	25 ARTS & CRAFTS SHEPSHED	30		
Tue	26	31		
Wed	27			
Thur	28			
Fri	29			
Sat	30			